

## HANDHELD STRENGTH & ROM

## Technical Specifications



HARDWARE DIMENSIONS	
Size	153mm L x 50 mm W x 50 mm H / 6" L x 2" W x 2" H (excluding attachments)
Weight	400g/ 0.9lbs (excluding attachments)
SENSOR SPECIFICATIONS	
FORCE SENSOR SPECIFICATIONS	
Sensor type	Load cell
Sampling rate	1,200hz
Capacity	10,000N / 1,000kg / 2,200 lbs
Resolution	1 N
MOVEMENT SENSOR (IMU) SPECIFICATIONS	
Sensor type	9-Axis Inertial Measuring Unit (IMU): Accelerometer, Gyroscope and Magnetometer
Sampling rate	225hz
ELECTRONIC SPECIFICATIONS	
Power	Inbuilt 600mAh lithium-ion rechargeable battery
Battery life	10 hours active use (approx.)
Charging method	USB-C cable (supplied)
Connectivity	Bluetooth 5.0
SOFTWARE REQUIREMENTS	
iOS	
Compatible devices	All iOS mobile phones and tablets purchased after July 2017
Operating system	Minimum requirement – iOS 11
ANDROID	
Compatible devices	All Android mobile phones and tablets purchased after July 2014
Operating system	Minimum requirement - Android 5
ATTACHMENTS AND ACCESSORIES	
Attachments	Flat Pad, Curved Pad, Adjustable Strap, Ankle Strap, ROM Sleeve, Handle and 2x Carabiners
Accessories	Travel Case
Expansion Pack	IMTP Baseplate, IMTP Lifting Bar and 2x Carabiners